























Category	Dish / Side / Accompaniment	Celery	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts [†]	Peanuts	Sesame Seeds	Soya	Sulphites
Accompaniment	Assorted Vegetable Sides														
Accompaniment	Balsamic Glaze														Sulphites
Accompaniment	Balsamic Vinegarette									Mustard					Sulphites
Accompaniment	Chipotle Mayo (Quesadillas)				Eggs			Milk		Mustard					Sulphites
Accompaniment	Coconut Yogurt (Toppings/Drizzle)														
Accompaniment	Greek Yogurt (Toppings/Drizzle)							Milk							
Accompaniment	Herb Mayo (Vegan Quesadillas)														
Accompaniment	Mango Chutney														
Accompaniment	Raita/Mint Yogurt/Mint cucumber yogurt (Tandoori Salmon/Za'atar Chicken/Mango Chicken/Kofta)							Milk							
Accompaniment	Red Onion Chutney (Sandwiches / Pork Pie / Platters / Cheeseboard)														Sulphites
Accompaniment	Side Salad (no dressing)														
Accompaniment	Sour Cream (Quesadillas / Chilli / Cajun Stew)							Milk							
Breads	10" Gluten Free Tortilla Wraps (wraps)		Wheat												
Breads	12" tortilla wraps (wraps)		Wheat												
Breads	6" corn tortilla wraps (quesadillas / tostadas)														
Breads	6" Gluten Free Tortilla Wraps (quesadillas / tostadas)														
Breads	Ciabatta Rolls		Wheat												
Breads	Gluten Free Multigrain Loaf (Olives / soup of the day / sandwiches / platters)														
Breads	White Khobez Breads		Wheat												























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Cheeseboard	Cheeseboard		Wheat			Milk					
Dogs	Doggie Combo		Wheat		Eggs						
Dogs	Doggie Sausages		Wheat								
Dogs	Scrambled Eggs				Eggs						
Kids	Chicken Goujons, Chips and Beans or Salad						Mustard (Salad Dressing Only)				
Kids	Mascarpone Pasta, Salad and Bread	Celery	Wheat			Milk	Mustard (Salad Dressing Only)				
Kids	Vegetable Fingers Chips and Beans or Salad		Wheat				Mustard (Salad Dressing Only)				
Mains	Greek Salad Flatbread (Meat/Veggie/Vegan Options) *Meat: Chicken & Feta Topper / Veggie: Feta Topper / Vegan: Dairy Free Chesse Topper		Wheat			Milk*			Sesame		
Mains	Thai Red Curry with steamed white rice topped with Thai Spiced Chicken (VeO GF) [VeO served without chicken topping]	Celery							Sesame	Soya	
Mains	Chicken Cacciatore (Italian Chicken Stew) with ciabatta		Wheat* *GFO ciabatta available								Sulphites
Pies	Beef & Red Wine Pie (GF) & seasonal vegetables										Sulphites
Mains	Quesadillas - Cheese + Bean (V)		Wheat			Milk					Sulphites
Mains	Quesadillas - Cheese + Bean (Ve)		Wheat								Sulphites
Mains	Quesadillas - Chorizo + Bacon		Wheat			Milk					Sulphites
Pies	Balmoral Chicken Pie	Celery	Wheat			Milk					
Pies	Beef & Red Wine Pie (GF) & seasonal vegetables										Sulphites
Pies	Chicken & Mushroom/Leek Pie (GF)	Celery				Milk					
Pies	Chicken, Bacon & Mushroom Pie (GF)	Celery				Milk					
Pies	Lamb in Cider Pie & seasonal vegetables						Mustard				Sulphites
Pies	Med. Vegetable Pie (Ve/GF)										Sulphites

























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Pies	Mexican Spiced Bean Pie (Ve GF)	Celery								Soya	
Pies	Shepherd's Pie & seasonal vegetables (GF)					Milk					Sulphites
Pies	Vegetable & Puy Lentil Pie (Ve/GF)										Sulphites
Pies	Venison & chestnut Pie (GF)										Sulphites
Platter	Best of British Platter	Whe	eat		Eggs	Milk	Mustard		Sesame	Soya	Sulphites
Platter (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	The Dairy Board (GFO) GF using GF bread	Whe	eat			Milk			Sesame		Sulphites
Platter (based on standard pitta, exclude wheat if GF bread is used and refer to breads section for details)	The Plant Platter (GFO) GF using GF bread	Whe Barley (if h	eat narvester)						Sesame		
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	BBQ Brisket Focaccia	Whe	eat		Eggs	Milk	Mustard				Sulphites
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Ham & Mustard Focaccia	Whe	eat		Eggs	Milk	Mustard				
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Leicestershire Ploughman's Focaccia (V)	Whe	eat		Eggs	Milk	Mustard				Sulphites
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Sweet Potato Pakora Focaccia (Ve GFO) (GFO using GF Wraps)	Whe	eat				Mustard				
Snacks + Nibbles	Bread & Olives	Whe	eat								Sulphites
Snacks + Nibbles	Cheese & Tomato Tartlet	Whe	eat		Eggs	Milk					
Snacks + Nibbles	Cheesy Chips/Fries					Milk					
Snacks + Nibbles	Chunky Chips/Fries										
Snacks + Nibbles	Falafel & Houmous Snack Plate (Ve GF)						Mustard (Salad Dressir Only)	ng	Sesame		
Snacks + Nibbles	Houmous & Crudites Snack Plate (Ve GFO) GF using GF Bread	Whe	eat				Mustard (Salad Dressir Only)	ng	Sesame		
Snacks + Nibbles	Ploughman's Pork Pie	Whe Barl				Milk				Soya	Sulphites
Snacks + Nibbles	Pork & Black Pudding Sausage Roll	Whe	eat		Eggs						Sulphites
Snacks + Nibbles	Pork & Cheese Sausage Roll	Whe	eat		Eggs	Milk					Sulphites























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Snacks + Nibbles	Pork & Onion Chutney Sausage Roll	Wheat	E	egs					Sulphites
Snacks + Nibbles	Pork Pie	Wheat						Soya	
Snacks + Nibbles	Pork Sausage Roll	Wheat	E	eggs					Sulphites
Soup	Vegetable Soup	Celery							
Sweet Treats	Affogato (Vegan with coconut icecream)	Wheat			Milk			Soya	
Sweet Treats	Baked Brownies Please refer to Supplier Allergen Matrix / Ingredient List								
Sweet Treats	Cakehead Cakes & Desserts Please refer to Supplier Allergen Matrix / Ingredient List								
Sweet Treats	Cakesmiths Cakes & Desserts Please refer to Supplier Allergen Matrix / Ingredient List								
Sweet Treats	Dreamy Cow Ice Cream Please refer to Supplier Allergen Matrix / Ingredient List								
Sweet Treats	Pudding Pantry Cakes & Desserts Please refer to Supplier Allergen Matrix / Ingredient List								
Sweet Treats	Vegan Coconut Sorbetto								
Wraps	Sriracha Chicken Wraps (GFO) (GFO using GF wraps)	Wheat	E	eggs	Milk	Mustard			
Wraps	BBQ Southern Fried Chicken Wraps (GFO) (GFO using GF wraps)	Wheat	E	:-ggs	Milk	Mustard			
Wraps	Beetroot + Chilli Falafel Wraps (Ve GFO) (GFO using GF Wraps)	Wheat					Sesame		