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Category	Dish / Side / Accompaniment	Celery	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame Seeds	Soya	Sulphites
Accompaniment	Assorted Vegetable Sides														
Accompaniment	Balsamic Glaze														Sulphites
Accompaniment	Balsamic Vinegarette									Mustard					Sulphites
Accompaniment	Chipotle Mayo (Quesadillas)				Eggs			Milk		Mustard					Sulphites
Accompaniment	Coconut Yogurt (Toppings/Drizzle)														
Accompaniment	Greek Yogurt (Toppings/Drizzle)							Milk							
Accompaniment	Herb Mayo (Vegan Quesadillas)														
Accompaniment	Mango Chutney														
Accompaniment	Raita/Mint Yogurt/Mint cucumber yogurt (Tandoori Salmon/Za'atar Chicken/Mango Chicken/Kofta)							Milk							
Accompaniment	Red Onion Chutney (Sandwiches / Pork Pie / Platters / Cheeseboard)														Sulphites
Accompaniment	Side Salad (no dressing)														
Accompaniment	Sour Cream (Quesadillas / Chilli / Cajun Stew)							Milk							
Breads	10" Gluten Free Tortilla Wraps (wraps)		Wheat												
Breads	12" tortilla wraps (wraps)		Wheat												
Breads	6" corn tortilla wraps (quesadillas / tostadas)														
Breads	6" Gluten Free Tortilla Wraps (quesadillas / tostadas)														
Breads	Ciabatta Rolls		Wheat												
Breads	Gluten Free Multigrain Loaf (Olives / soup of the day / sandwiches / platters)														

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Breads	White Khobez Breads		Wheat					
Cheeseboard	Cheeseboard		Wheat		Milk			
Dogs	Doggie Combo		Wheat	Eggs				
Dogs	Doggie Sausages		Wheat					
Dogs	Scrambled Eggs			Eggs				
Kids	Chicken Goujons, Chips and Beans or Salad					Mustard (Salad Dressing Only)		
Kids	Mascarpone Pasta, Salad and Bread	Celery	Wheat		Milk	Mustard (Salad Dressing Only)		
Kids	Vegetable Fingers Chips and Beans or Salad		Wheat			Mustard (Salad Dressing Only)		
Mains	Tostadas (Meat   V   VeO)  *Milk in cheese and sour cream toppings only	Celery			Milk*		Soya	
Mains	BBQ Pulled Pork Flatbread		Wheat	Eggs	Milk			
Mains	Cajun Vegetable Stew + Rice with Chorizo + Bacon	Celery			Milk		Soya	
Mains	Cajun Vegetable Stew + Rice with Greek Yogurt	Celery			Milk		Soya	
Mains	Meatballs with cheddar mash and bacon gravy (GF)	Celery			Milk			
Mains	Quesadillas - Cheese + Bean (V)		Wheat		Milk			Sulphites
Mains	Quesadillas - Cheese + Bean (Ve)		Wheat					Sulphites
Mains	Quesadillas - Chorizo + Bacon		Wheat		Milk			Sulphites
Mains	Roasted Sweet Potato Flatbread		Wheat					Sulphites
Pies	Balmoral Chicken Pie	Celery	Wheat		Milk			
Pies	Beef & Red Wine Pie (GF) & seasonal vegetables							Sulphites

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Pies	Chicken & Mushroom/Leek Pie (GF)	Celery		Milk					
Pies	Lamb in Cider Pie & seasonal vegetables				Mustard				Sulphites
Pies	Med. Vegetable Pie (Ve/GF)								Sulphites
Pies	Mexican Spiced Bean Pie (Ve GF)	Celery						Soya	
Pies	Shepherd's Pie & seasonal vegetables (GF)			Milk					Sulphites
Pies	Vegetable & Puy Lentil Pie (Ve/GF)								Sulphites
Platter	Best of British Platter	Wheat	Eggs	Milk	Mustard		Sesame	Soya	Sulphites
Platter (based on standard bread, exclude wheat if GF bread is used and refer to bread section for details)	The Dairy Board (GFO)  GF using GF bread	Wheat		Milk			Sesame		Sulphites
Platter (based on standard pitta, exclude wheat if GF bread is used and refer to breads section for details)	The Plant Platter (GFO) GF using GF bread	Wheat Barley (if harvester)					Sesame		
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to bread section for details)	Chicken & Sundried Tomato Foccaccia	Wheat	Eggs	Milk	Mustard	Cashew			
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to bread section for details)	ե Ham & Mustard Focaccia	Wheat Rye (both if deli Rye Bread)	Eggs	Milk	Mustard				
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to bread section for details)	Leicestershire Ploughman's Focaccia (V)	Wheat Rye (both if deli Rye Bread)	Eggs	Milk	Mustard				Sulphites
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to bread section for details)	Mozz., Tomato & Pesto Foccaccia (V)	Wheat	Eggs	Milk	Mustard				
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to bread section for details)	s Sweet Potato & Houmous Focaccia (Ve)	Wheat			Mustard		Sesame		
Snacks + Nibbles	Bread & Olives	Wheat							Sulphites
Snacks + Nibbles	Cheese & Tomato Tartlet	Wheat	Eggs	Milk					
Snacks + Nibbles	Cheesy Chips			Milk					
Snacks + Nibbles	Chunky Chips								
Snacks + Nibbles	Falafel & Houmous Snack Plate (Ve   GF)				Mustard (Salad Dressing Only)		Sesame		

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Snacks + Nibbles	Feta & Med. Vegetable Tartlet	Wheat	Eggs	Milk				
Snacks + Nibbles	Goats Cheese & Onion Tartlet	Wheat	Eggs	Milk				
Snacks + Nibbles	Houmous & Crudites Snack Plate (Ve   GFO) GF using GF Bread	Wheat			Mustard (Salad Dressing Only)	Sesame		
Snacks + Nibbles	Ploughman's Pork Pie	Wheat Barley		Milk			Soya	Sulphites
Snacks + Nibbles	Pork & Black Pudding Sausage Roll	Wheat	Eggs					Sulphites
Snacks + Nibbles	Pork & Cheese Sausage Roll	Wheat	Eggs	Milk				Sulphites
Snacks + Nibbles	Pork & Onion Chutney Sausage Roll	Wheat	Eggs					Sulphites
Snacks + Nibbles	Pork Pie	Wheat					Soya	
Snacks + Nibbles	Pork Sausage Roll	Wheat	Eggs					Sulphites
Snacks + Nibbles	Veggie Haggis Sausage Roll (Ve)	Oats Wheat						
Soup	Carrot, Coriander & Red Lentil Soup							
Sweet Treats	Affogato (Vegan with Jude's coconut icecream)	Wheat		Milk			Soya	
Sweet Treats	Baked Brownies Please refer to Supplier Allergen Matrix / Ingredient List							
Sweet Treats	Cakehead Cakes & Desserts Please refer to Supplier Allergen Matrix / Ingredient List							
Sweet Treats	Cakesmiths Cakes & Desserts Please refer to Supplier Allergen Matrix / Ingredient List							
Sweet Treats	Dreamy Cow Ice Cream Please refer to Supplier Allergen Matrix / Ingredient List							
Sweet Treats	Jude's Vegan Coconut Ice Cream							
Wraps	BBQ Southern Fried Chicken Wraps (GFO) (GFO using GF wraps)	Wheat	Eggs	Milk	Mustard			
Wraps	Sweet Potato Pakora Wraps (Ve   GFO) (GFO using GF Wraps)	Wheat			Mustard			