























Category	Dish / Side / Accompaniment	Celery	Cereals Containing Gluten®	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts <sup>†</sup>	Peanuts	Sesame Seeds	Soya	Sulphites
Accompaniment	Assorted Vegetable Sides														
Accompaniment	Balsamic Glaze														Sulphites
Accompaniment	Balsamic Vinegarette									Mustard					Sulphites
Accompaniment	Chipotle Mayo (Quesadillas)				Eggs			Milk		Mustard					Sulphites
Accompaniment	Coconut Yogurt (Toppings/Drizzle)														
Accompaniment	Greek Yogurt (Toppings/Drizzle)							Milk							
Accompaniment	Herb Mayo (Vegan Quesadillas)														
Accompaniment	Mango Chutney														
Accompaniment	Raita/Mint Yogurt/Mint cucumber yogurt (Tandoori Salmon/Za'atar Chicken/Mango Chicken/Kofta)							Milk							
Accompaniment	Red Onion Chutney (Sandwiches / Pork Pie / Platters / Cheeseboard)														Sulphites
Accompaniment	Side Salad (no dressing)														
Accompaniment	Sour Cream (Quesadillas / Chilli / Cajun Stew)							Milk							
Breads	10" Gluten Free Tortilla Wraps (wraps)		Wheat												
Breads	12" tortilla wraps (wraps)		Wheat												
Breads	6" corn tortilla wraps (quesadillas / tostadas)														
Breads	6" Gluten Free Tortilla Wraps (quesadillas / tostadas)														
Breads	Ciabatta Rolls		Wheat												
Breads	Gluten Free Multigrain Loaf (Olives / soup of the day / sandwiches / platters)														
Breads	White Khobez Breads		Wheat												

























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Cheeseboard	Cheeseboard		Wheat		Milk			
Dogs	Doggie Combo		Wheat	Eggs				
Dogs	Doggie Sausages		Wheat					
Dogs	Scrambled Eggs			Eggs				
Kids	Chicken Goujons, Chips and Beans or Salad					Mustard (Salad Dressing Only)		
Kids	Mascarpone Pasta, Salad and Bread	Celery	Wheat		Milk	Mustard (Salad Dressing Only)		
Kids	Vegetable Fingers Chips and Beans or Salad		Wheat			Mustard (Salad Dressing Only)		
Mains	Tostadas (Meat   V   VeO) *Milk in cheese and sour cream toppings only	Celery			Milk*		Soya	
Mains	BBQ Pulled Pork Flatbread		Wheat	Eggs	Milk			
Mains	Chorizo & Bacon Topped Chilli	Celery			Milk		Soya	
Mains	Quesadillas - Cheese + Bean (V)		Wheat		Milk			Sulphites
Mains	Quesadillas - Cheese + Bean (Ve)		Wheat					Sulphites
Mains	Quesadillas - Chorizo + Bacon		Wheat		Milk			Sulphites
Mains	Veggie Packed Chilli (Ve)   GF) (Ve when served with dairy free cheese)	Celery			Milk		Soya	
Mains	Venison Sausages with mash and bacon gravy		Wheat		Milk			Sulphites
Pies	Balmoral Chicken Pie	Celery	Wheat		Milk			
Pies	Beef & Red Wine Pie (GF) & seasonal vegetables							Sulphites
Pies	Chicken & Mushroom/Leek Pie (GF)	Celery			Milk			
Pies	Chicken, Bacon & Mushroom Pie (GF)	Celery			Milk			
Pies	Lamb in Cider Pie & seasonal vegetables					Mustard		Sulphites

























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March   Strategic Per & Scotion in Equation (1970)   Strategic Per & Scotion in Equation (1970)   Strategic Per & Scotion in Equation (1970)   Strategic Per & Scotion (1970)   Strategic Per & Scot	Pies	Med. Vegetable Pie (Ve/GF)								Sulphites
Name	Pies	Mexican Spiced Bean Pie (Ve GF)	Celery						Soya	
Reference (Best of British Fathers (British Fathers (Brit	Pies	Shepherd's Pie & seasonal vegetables (GF)				Milk				Sulphites
Pileter description of the Color (Color Color Nobles)  Fileter description of the Color Nobles (Color Nobles)  Fileter description of the Colo	Pies	Vegetable & Puy Lentil Pie (Ve/GF)								Sulphites
Wheel Wheel Secretary was an analyse of the Control of Market (PC) (PC) (PC) (PC) (PC) (PC) (PC) (PC)	Platter	Best of British Platter	Wheat	t	Eggs	Milk	Mustard	Sesame	Soya	Sulphites
Similar Personal and an anti-material filter and an anti-m	Platter (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	The Dairy Board (GFO) GF using GF bread	Wheat	t		Milk		Sesame		Sulphites
Back in Nibbles  Cheer's Right of Nibbles  C	Platter (Dased on standard pitta, exclude wheat if GF bread is used and refer to breads section for details)	The Plant Platter (GFO) GF using GF bread	Wheat Barley (if har	t vester)				Sesame		
Hand A Minister of Focacion (V) Wheat 8ggs Milk Mustard  Sindiachies	(based on standard bread, exclude wheat if GF bread is used and refer to breads	BBQ Brisket Focaccia	Wheat	t	Eggs	Milk	Mustard			Sulphites
Index tension to a control and an anti-one control and anti-one control anti-one control and anti-one control anti-one cont	Sandwiches (based on standard bread, exclude wheat IF GF bread is used and refer to breads section for details)	Ham & Mustard Focaccia	Wheat	t	Eggs	Milk	Mustard			
Clased on Standard Deed, enclude wheat If 6   Deed Read Palator Focacial (vel GPG)   Wheat   Standard or Pefer to breads section for details)	Sandwiches (Dased on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Leicestershire Ploughman's Focaccia (V)	Wheat	t	Eggs	Milk	Mustard			Sulphites
Snacks + Nibbles Cheese & Tomato Tartlet Wheat Eggs Milk  Snacks + Nibbles Cheey Chips/Fries Milk  Snacks + Nibbles Chunky Chips/Fries  Snacks + Nibbles Chunky Chips/Fries  Snacks + Nibbles Falafel & Houmous Snack Plate (Ve   GF) Snacks + Nibbles Feta & Med. Vegetable Tartlet Wheat Eggs Milk  Snacks + Nibbles Goats Cheese & Onion Tartlet Wheat Eggs Milk  Snacks + Nibbles Goats Cheese & Onion Tartlet Wheat Eggs Milk  Snacks + Nibbles Goats Cheese & Onion Tartlet Wheat Eggs Milk  Mustard Goald Dressing Goats Goats Cheese & Onion Tartlet Wheat Eggs Milk  Mustard Goald Onesing Goats Onion Goats Cheese & Onion Tartlet Wheat Eggs Milk  Mustard Goald Onesing Goats Milk  Snacks + Nibbles Mustard Goald Onesing Goats Only)  Milk  Mustard Goats Mustard Goats Onion Goats Cheese & Onion Tartlet Wheat Goats Milk Wheat	(based on standard bread, exclude wheat if GF bread is used and refer to breads section for	Sweet Potato Pakora Focaccia (Ve GFO) (GFO using GF Wraps)	Wheat	t			Mustard			
Snacks + Nibbles Cheesy Chips/Fries Milk  Snacks + Nibbles Chunky Chips/Fries  Snacks + Nibbles Falafel & Houmous Snack Plate (Ve   GF)  Snacks + Nibbles Feta & Med. Vegetable Tartlet Wheat Eggs Milk  Snacks + Nibbles Goats Cheese & Onion Tartlet Wheat Eggs Milk  Snacks + Nibbles Mustard (Salad Dressing Only)  Snacks + Nibbles Snacks + Nibbles Goats Cheese & Onion Tartlet Wheat Eggs Milk  Snacks + Nibbles Snacks + Nibbles Mustard (Salad Dressing Only) Snacks + Nibbles Snacks + Nibbles Mustard (Salad Dressing Sesame Only)  Snacks + Nibbles Snacks + Nibbles Mustard (Salad Dressing Sesame Only)	Snacks + Nibbles	Bread & Olives	Wheat	t						Sulphites
Snacks + Nibbles  Falafel & Houmous Snack Plate (Ve   GF)  Snacks + Nibbles  Feta & Med. Vegetable Tartlet  Wheat  Eggs  Milk  Snacks + Nibbles  Goats Cheese & Onion Tartlet  Wheat  Eggs  Milk  Snacks + Nibbles  Houmous & Crudites Snack Plate (Ve   GFO)  Gruing GF Bread  Wheat  Wheat  Wheat  Wheat  Wheat  Wheat  Wheat  Wheat	Snacks + Nibbles	Cheese & Tomato Tartlet	Wheat	t	Eggs	Milk				
Snacks + Nibbles Falafel & Houmous Snack Plate (Ve   GF)  Snacks + Nibbles Feta & Med. Vegetable Tartlet Wheat Eggs Milk  Snacks + Nibbles Goats Cheese & Onion Tartlet Wheat Eggs Milk  Snacks + Nibbles Houmous & Crudites Snack Plate (Ve   GFO) Wheat  Snacks + Nibbles Plausters Rado Research Plate (Ve   GFO) Wheat  Wheat Snacks + Nibbles Note Place (Ve   GFO) Wheat  Wheat Snacks + Nibbles Note Place (Ve   GFO) Wheat  Snacks + Nibbles Note Plausters Rado Research Plate (Ve   GFO) Wheat  Wheat Snacks + Nibbles Note Plausters Rado Research Plate (Ve   GFO) Wheat	Snacks + Nibbles	Cheesy Chips/Fries				Milk				
Snacks + Nibbles Falafel & Houmous Snack Plate (Ve   GF)  Snacks + Nibbles Feta & Med. Vegetable Tartlet Wheat Eggs Milk  Snacks + Nibbles Goats Cheese & Onion Tartlet Wheat Eggs Milk  Snacks + Nibbles Houmous & Crudites Snack Plate (Ve   GFO) Wheat Graing GF Bread Wheat Wheat Milk  Snacks + Nibbles Mustard (Salad Dressing Sesame Only)  Mustard (Salad Dressing Sesame Only)  Wheat Mustard (Salad Dressing Sesame Only)	Snacks + Nibbles	Chunky Chips/Fries								
Snacks + Nibbles Goats Cheese & Onion Tartlet Wheat Eggs Milk  Snacks + Nibbles Houmous & Crudites Snack Plate (Ve   GFO) Wheat Snacks + Nibbles Gruing GF Bread Wheat Snacks + Nibbles Only)  Snacks + Nibbles Wheat Snack Plate (Ve   GFO) Wheat Snack Plate (Ve   GFO) Wheat Snacks + Nibbles Snacks	Snacks + Nibbles	Falafel & Houmous Snack Plate (Ve   GF)					(Salad Dressing	Sesame		
Snacks + Nibbles Houmous & Crudites Snack Plate (Ve   GFO) Wheat (Salad Dressing Sesame Only)  Wheat Only)  Wheat Milbles Milb	Snacks + Nibbles	Feta & Med. Vegetable Tartlet	Wheat	t	Eggs	Milk				
Snacks + Nibbles Houmous & Crudities Snack Plate (Ve   GFO) Wheat (Salad Dressing Sesame Grung GF Bread Only)  Wheat Milbles Wheat Milbles Mil	Snacks + Nibbles	Goats Cheese & Onion Tartlet	Wheat	t	Eggs	Milk				
	Snacks + Nibbles		Wheat	t			(Salad Dressing	Sesame		
	Snacks + Nibbles	Ploughman's Pork Pie				Milk			Soya	Sulphites

























opusted by. Anny Floriton (Interior Manager)				20-40	مم		_	0	
Snacks + Nibbles	Pork & Black Pudding Sausage Roll		Wheat		Eggs				Sulphites
Snacks + Nibbles	Pork & Cheese Sausage Roll		Wheat		Eggs	Milk			Sulphites
Snacks + Nibbles	Pork & Onion Chutney Sausage Roll		Wheat		Eggs				Sulphites
Snacks + Nibbles	Pork Pie		Wheat					Soya	
Snacks + Nibbles	Pork Sausage Roll		Wheat		Eggs				Sulphites
Snacks + Nibbles	Veggie Haggis Sausage Roll (Ve)		Oats Wheat						
Soup	Vegetable Soup	Celery							
Sweet Treats	Affogato (Vegan with coconut icecream)		Wheat			Milk		Soya	
Sweet Treats	Baked Brownies Please refer to Supplier Allergen Matrix / Ingredient List								
Sweet Treats	Cakehead Cakes & Desserts Please refer to Supplier Allergen Matrix / Ingredient List								
Sweet Treats	Cakesmiths Cakes & Desserts Please refer to Supplier Allergen Matrix / Ingredient List								
Sweet Treats	Dreamy Cow Ice Cream Please refer to Supplier Allergen Matrix / Ingredient List								
Sweet Treats	Jude's Vegan Coconut Ice Cream								
Wraps	Sriracha Chicken Wraps (GFO) (GFO using GF wraps)		Wheat		Eggs	Milk	Mustard		
Wraps	BBQ Southern Fried Chicken Wraps (GFO) (GFO using GF wraps)		Wheat		Eggs	Milk	Mustard		
Wraps	Roasted Sweet Potato Wrap		Wheat						Sulphites