Updated: 1st May 2024 Updated by: Amy White (Kitchen Manager)























Category	Dish / Side / Accompaniment	Supplier or Homemade/Combined	Celery	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts [†]	Peanuts	Sesame Seeds	Soya	Sulphites
Accompaniment	Chipotle Mayo (Quesadillas)	Homemade/Combined				Eggs			Milk		Mustard					Sulphites
Accompaniment	Dressed Side Salad/Salad Garnish with House Dressing	Homemade/Combined									Mustard					Sulphites
Accompaniment	Greek Yogurt (Cajun Stew)	Homemade/Combined							Milk							
Accompaniment	Herb Mayo (Vegan Quesadillas)	Brakes														
Accompaniment	House Salad Dressing	Homemade/Combined									Mustard					Sulphites
Accompaniment	Raita (Tandoori Salmon)	Homemade/Combined							Milk							
Accompaniment	Raita (Za'atar Chicken/Mango Chicken)	Homemade/Combined							Milk							
Accompaniment	Red Onion Chutney (Sandwiches / Pork Pie / Platters / Cheeseboard)	Brakes														Sulphites
Accompaniment	Sour Cream (Quesadillas / Chilli / Cajun Stew)	Homemade/Combined							Milk							
Accompaniment	Sweet Chilli Sauce (Vegan Quesadillas)	Brakes														
Breads	10" Gluten Free Tortilla Wraps (wraps)	Bfree/Warburtons (Tesco)		Wheat												
Breads	12" tortilla wraps (wraps / afternoon tea)	La Boulangerie (Brakes)		Wheat												
Breads	6" Gluten Free Tortilla Wraps (quesadillas / tostadas)	Old El Paso (Tesco)														
Breads	6" tortilla wraps (quesadillas / tostadas)	La Boulangerie (Brakes)		Wheat												
Breads	Ciabatta Rolls	Tesco		Wheat												
Breads	Gluten Free Brown Seeded Ciabatta Rolls	Schar (Tesco)													Soya	
Breads	Gluten Free Multigrain Loaf (Olives / soup of the day / sandwiches / platters)	Promise (Tesco)														
Breads	Malted Harvester Bloomer Bread	John Dwyer		Wheat Barley											Soya	
Breads	Traditional Latvian Rye Bread	Polish Deli Rugby		Rye Wheat											Soya	
Breads	White Khobez Breads	Dina Foods (Tesco)		Wheat												

Updated: 1st May 2024

Updated by: Amy White (Kitchen Manager)























				*1						
Breads	White Pitta Bread (Olives)	Tesco		Wheat						
Breads	White Poppy Seed Bloomer	John Dwyer		Wheat					Soya	
Cheeseboard	Cheeseboard	Homemade/Combined		Wheat		Milk				
Dogs	Doggie Sausages	Tesco		Wheat						
Dogs	Scrambled Eggs	Tesco			Eggs					
Kids	Chicken Goujons, Chips and Beans or Salad	Brakes					Mustard (Salad Dressing Only)			
Kids	Mascarpone Pasta, Salad and Bread	Brakes	Celery	Wheat		Milk	Mustard (Salad Dressing Only)			
Kids	Vegetable Nuggets Chips and Beans or Salad	Brakes					Mustard (Salad Dressing Only)			
Mains	Chorizo & Bacon Topped Sweet Potato Chilli	Homemade/Combined	Celery			Milk			Soya	
Mains	Meatballs with cheddar mash and bacon gravy (GF)	Homemade/Combined	Celery			Milk				
Mains	Quesadillas - Beef	Homemade/Combined		Wheat		Milk				Sulphites
Mains	Quesadillas - Cheese + Bean (V)	Homemade/Combined		Wheat		Milk				Sulphites
Mains	Quesadillas - Cheese + Bean (Ve)	Homemade/Combined		Wheat						Sulphites
Mains	Quesadillas - Chicken	Homemade/Combined		Wheat		Milk				Sulphites
Mains	Quesadillas - Chorizo + Bacon	Homemade/Combined		Wheat		Milk				Sulphites
Mains	Sweet Potato Chilli Ve using Dairy Free Cheese Only	Homemade/Combined	Celery			Milk			Soya	
Mains	Tandoori Salmon, Kachumber Salad, Raita and Nigella Seed Rice	Homemade/Combined				Milk				
Mains	Za'atar Chicken Flatbread	Homemade/Combined		Wheat		Milk		Sesame		
Pies	Beef & Red Wine Pie (GF)	Homemade/Combined								Sulphites
Pies	Chicken + Leek/Mushroom Pie with seasonal vegetables	Homemade/Combined				Milk				
Pies	Chicken + White Wine Pie with seasonal vegetables	Homemade/Combined				Milk				Sulphites

Updated: 1st May 2024 Updated by: Amy White (Kitchen Manager)























opdated by: Arriy White (Kitchen Manager)			9.		3-49	لمما							0	
Pies	Mexican Chilli Bean Pie + seasonal veg	Homemade/Combined	Celery										Soya	
Pies	Shepherd's Pie + seasonal veg	Homemade/Combined						Milk						Sulphites
Pies	Venison Cottage Pie with Seasonal Vegetables							Milk						Sulphites
Pies	Wobbly Lamb Pie (Lamb in Ale)	Homemade/Combined		Barely			Fish (Anchovies)							Sulphites
Platter	Best of British Platter	Homemade/Combined		Wheat		Eggs		Milk	Musta	ırd		Sesame	Soya	Sulphites
Platter	The Dairy Board (GFO) GF using GF bread	Homemade/Combined		Wheat				Milk				Sesame		Sulphites
Platter	The Plant Platter (GFO) GF using GF bread	Homemade/Combined		Wheat								Sesame		
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Cheddar & Onion Chutney S/W	Homemade/Combined		Wheat Barley (if harvester)		Eggs		Milk	Musta	rd				Sulphites
Sandwiches (tased on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Cheddar S/W	Homemade/Combined		Wheat Barley (if harvester)		Eggs		Milk	Musta	rd				
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Falafel & Houmous S/W	Homemade/Combined		Wheat Barley (if harvester)								Sesame		
Sandwiches (tased on standard bread, exclude wheat If GF bread is used and refer to breads section for details)	Ham & Cheddar S/W	Homemade/Combined		Wheat Barley (if harvester)		Eggs		Milk	Musta	rd				
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Ham & Mustard S/W	Homemade/Combined		Wheat Barley (if harvester)		Eggs		Milk	Musta	rd				
Sandwiches (tased on standard bread, exclude wheat If GF bread is used and refer to breads section for details)	Ham & Onion Chutney S/W	Homemade/Combined		Wheat Barley (if harvester)		Eggs			Musta	rd				Sulphites
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Ham S/W	Homemade/Combined		Wheat Barley (if harvester)		Eggs			Musta	rd				
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Houmous Salad S/W	Homemade/Combined		Wheat Barley (if harvester)								Sesame		
Sandwiches (based on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Leicestershire Ploughman's S/W	Homemade/Combined		Wheat Barley (if harvester)		Eggs		Milk	Musta	rd				Sulphites
Sandwiches (tassed on standard bread, exclude wheat if GF bread is used and refer to breads section for details)	Vegan Ploughman's S/W	Homemade/Combined		Wheat Barley (if harvester)					Musta	ırd				Sulphites
Snacks + Nibbles	Bread & Olives	Homemade/Combined		Wheat										Sulphites
Snacks + Nibbles	Cheesy Chips	Lamb & Westons / Fowlers						Milk						
Snacks + Nibbles	Chicken & Ham Pie	Sercombes		Wheat									Soya	
Snacks + Nibbles	Chunky Chips	Lamb & Westons												

Updated: 1st May 2024 Updated by: Amy White (Kitchen Manager)





















-
100

			31						
Snacks + Nibbles	Falafel & Houmous Snack Plate	Sercombes				Mustard (Salad Dressing Only)	Sesame		
Snacks + Nibbles	Houmous & Crudites Snack Plate (GFO) GF using GF Bread	Sercombes	Wheat			Mustard (Salad Dressing Only)	Sesame		
Snacks + Nibbles	Ploughman's Pork Pie	Sercombes	Wheat Barley		Milk			Soya	Sulphites
Snacks + Nibbles	Pork & Chorizo Sausage Roll	For Goodness Cake	Wheat	Eggs			Sesame		
Snacks + Nibbles	Pork & Onion Chutney Sausage Roll	For Goodness Cake	Wheat	Eggs		Mustard	Sesame		Sulphites
Snacks + Nibbles	Pork Pie	Sercombes	Wheat					Soya	
Snacks + Nibbles	Pork Sausage Roll	For Goodness Cake	Wheat	Eggs			Sesame		
Soup	Butternut & Sage Soup	Sysco (Brakes)							
Soup	Parsnip Soup	Sysco (Brakes)							
Soup	Tomato & Basil Soup	Brakes							
Soup	Winter Vegetable Soup	Sysco (Brakes)							
Sweet Treats	Affogato	Homemade/Combined	Wheat		Milk			Soya	
Sweet Treats	Baked Brownies Please refer to Supplier Allergen Matrix / Ingredient List	Baked Brownies							
Sweet Treats	Cakesmiths Cakes & Desserts Please refer to Supplier Allergen Matrix / Ingredient List	Cakesmiths							
Sweet Treats	Dreamy Cow Ice Cream Please refer to Supplier Allergen Matrix / Ingredient List	Dreamy Cow							
Sweet Treats	Jude's Vegan Coconut Ice Cream	Jude's (Brakes)							
Sweet Treats	Pastel De Nata	Homemade/Combined	Wheat	Eggs	Milk				
Sweet Treats	Vegan Affogato	Homemade/Combined	Wheat					Soya	
Wraps	BBQ Southern Fried Chicken Wraps (GFO) (GFO using GF wraps)	Homemade/Combined	Wheat	Eggs	Milk	Mustard			
Wraps	Mediterranean Sweet Potato Wrap (Ve GFO) (GFO using GF Wraps)	Homemade/Combined	Wheat (Wrap)			Cashew		Soya	
Wraps	Sweet Potato Pakora Wraps (Ve GFO) (GFO using GF Wraps)	Homemade/Combined	Wheat (Wrap)			Mustard			